FACILITATOR GUIDE



Improving Personal Effectiveness with VersatilityTM



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REGISTER AT SOCIALSTYLECERTIFICATION.COM

WHY GET CERTIFIED?

- Completing your certification prepares you to facilitate any SOCIAL STYLE and Versatility program using Multi-Rater or Self-Perception profiles.
- It's easy! Certification is held completely online with a live facilitator and allows you to participate with other certification candidates to learn the foundational concepts of SOCIAL STYLE and Versatility.
- You will receive an electronic badge that you can display on social media sites.
- Certification takes your facilitation to the next level by teaching with maximum impact and effectiveness!

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Program Overview

Improving Personal Effectiveness with Versatility[™] (IPEV) teaches participants about SOCIAL STYLE[®] and Versatility in order to work more effectively with others.

The program can be conducted in as little as 90 minutes virtually and two hours in person, with optional exercises that can be incorporated for a longer program at the facilitator's discretion. It is most effectively facilitated with a group of 6 to 25 participants. A minimum number of participants is required to achieve a mix of Styles and an adequate level of interaction in group discussions, while too many participants may create logistical problems that lessen the program's impact.

VIRTUAL AND IN-PERSON DELIVERY

The program can be delivered either virtually or in-person. This guide provides instructions on both modalities. When specific slides or instructions are necessary for virtual delivery, those are indicated in the "Notes" section. With virtual delivery, the exercises can be conducted using "chat" and virtual meeting rooms.

Agendas are included for both a 90-minute virtual program and a 120-minute in-person version. A number of supplemental exercises are included at the end of the program in case the facilitator wants to extend the length and depth of learning.

PREPARATION

Program Objectives

Participants will:

- Gain an understanding of the SOCIAL STYLE Model[™].
- Estimate their SOCIAL STYLE by completing a Self-Perception assessment.
- Increase understanding of their behavior and how others view people with their Style.
- Increase their Versatility to become more effective with others.

Materials and Preparation

IMPORTANT ACTION REQUIRED: Download all facilitator resources (slide deck, participant workbook sample, et al) for this program at:

teach-IPEV.com

To ensure a successful program, TRACOM recommends that you complete certification in SOCIAL STYLE and become familiar with all materials, including the SOCIAL STYLE & Versatility Facilitator Handbook. If participants complete an online profile, familiarize yourself with the Session Composite Report so you'll know the Style and Versatility breakdowns of the class.

If you're teaching virtually, familiarize yourself with the technology and use multiple screens so you can see the learners along with the PowerPoint deck. Keep people engaged by using the "chat" feature and interactive exercises. For more advice on teaching virtually, see the section titled "Tips for Virtual Delivery" later in this guide.

Profiles

This program uses a self-perception profile, completed online or, as an alternative when online profiling is not possible, via paper.

1. Online Self-Perception. This is completed as pre-work prior to attending the program and is self-perception only (no input is collected from raters). This profile is normed and provides detailed information on SOCIAL STYLE and Versatility, including specific strategies to improve Versatility.

2. Paper Self-Perception. This is completed during the in-person program and is a basic profile. It is not normed and does not provide the depth of information available with the online profile.

The profile comes in two parts: SOCIAL STYLE and Versatility. The two parts should be delivered at separate times as indicated in the "notes" section of the guide. For in-person delivery, this simply requires having the profiles printed and organized for handing out to participants.

VIRTUAL DELIVERY PROFILE OPTIONS

When delivering the program virtually, there are two options for distributing online profiles to participants. Note that when participants download their profiles, they receive both SOCIAL STYLE and Versatility sections – these cannot be downloaded separately.

Recommended process: Participants download their Learner profile reports before the program.

- The program administrator can set up your MAX session to automatically send notifications to participants that their profiles are available to download once they are generated.
- Alternatively, the administrator can select a specific date for profiles to be available for download. When using this option, the notification to the Learner must be sent manually as the MAX system does not currently provide notification emails on a specific date.

Note: Both options allow participants to view their results before learning about Style and Versatility in the training so communications to learners should clearly indicate that the profile will be discussed and explained during the program.

Optional process: Participants download their Learner profile reports during the program.

- This option requires that each participant access tracomlearning.com during the program to download their profile.
- Participants will need to login using their username and password (unless they are a single sign-on client, whereby they access their profile via the SSO link).

Note: For sessions with more than 25 people, we do not recommend this process because participants often forget their usernames and passwords, which can disrupt the delivery of the program.

Supporting Reports

If participants completed online profiles, there are two reports available to help facilitators prepare for the program: the Session Status Report and the Session Composite Report.

SESSION STATUS REPORT

This report is available in the weeks leading up to a program and describes the number of learners enrolled in the program and each individual's progress toward completing the profile process. It indicates whether each person has adequate data to generate a profile and whether their profile is available for download. It reports how often learners will be reminded and the initial date when profiles will generate.

SESSION COMPOSITE REPORT

This report would be downloaded after learner profile reports have been generated. It helps you understand and plan for group dynamics by showing the number of participants in each Style and Versatility category. Visual displays show each person in their Style quadrant and their Versatility quadrant.

HOW TO DOWNLOAD REPORTS IN MAX

Instructions on how to download these reports can be found through the <u>Need Help?</u> link in TRACOM's MAX Survey Administration system.

- Log into tracommax.com
- Select <u>Need Help?</u> in the top right hand corner of the screen
- Select the MAX Session Management section
- Select the video or instruction guide that corresponds to your MAX privileges either <u>Download Session Reports for Facilitators</u> or <u>Download Session Reports for</u> <u>Administrators</u>



Post-Training Application Tools

Participants with generated profiles can login at tracomlearning.com to access SOCIAL STYLE Navigator and Passport.

SOCIAL STYLE NAVIGATOR[®]

To reinforce and apply learning beyond the classroom, participants have free and unlimited access to SOCIAL STYLE Navigator, a resource that is accessible on phone, tablet or computer. The SOCIAL STYLE Navigator includes:

- SOCIAL STYLE Estimator, a brief survey to quickly estimate another person's Style.
- SOCIAL STYLE Advisor, to help apply learning in the workplace. Topics are organized into Managerial, Sales and Individual categories, and provide specific advice for working with people of all Styles.
- **E-Learning** modules in four topics: Working in Teams, Coaching, Managing Conflict, and Achieving Higher Versatility.

SOCIAL STYLE PASSPORT

Participants also have access to SOCIAL STYLE Passport, a feature that allows them to view how their profile would be scored using norms from another country or region. Participants choose a country and the tool shows their results as scored using that country's norms. This is particularly helpful for people who travel and work internationally.

NOTE: Participants who complete the paper survey can register for SOCIAL STYLE Navigator using a subscription code. See the facilitator PowerPoint deck for details. They do not, however, gain access to SOCIAL STYLE Passport.

Tips for Virtual Delivery

This course can be delivered virtually, as outlined in the PowerPoint deck and notes. Virtual training is cost-effective, efficient, flexible, and it expands your teaching skills.

For your learners, virtual training allows them access to coursework and classes from a comfortable, familiar setting—some people actually feel more compelled to contribute when they're in a virtual meeting.

Some common missteps that facilitators make are: eliminating the "icebreaker" to kick things off; allowing too many people to attend; and not seeing the need to be formal.

To avoid these missteps and improve the session, you'll want to:

Manage the content

- Engage your audience early and often
- Design short, engaging segments of 90 minutes of less

Limit class size to 25 or fewer learners

• Otherwise, you're conducting a webinar

Be poised, prepared and professional

- Dress a step above your audience
- Start and end on time
- No distractions on your side of the camera

Make it interactive

- Chats, breakouts, polls
- Ask learners to post their reactions: chat, polls, hand-raising, emojis, etc.

Pre- and post-training assignments

• Online assessments, pre-learning, follow-up exercises

Digitize materials that learners can complete online before, during or after the training

Non-verbal behaviors make it feel personal

- Stand up if possible; give yourself space to emote
- Use your hands, nod, smile, enunciate and make eye contact to break through the screen

Read the room

- Ask people how they're feeling rather than assuming their emotions
- Use 'uncomfortable pauses' to draw engagement
- Call on people who are not contributing
- Listen... actively

To make *yourself* better, try:

- Rehearse and record yourself
- Create an environment around you—it's your brand!
- Light yourself from the front
- Invest in an external microphone
- Use additional computer monitors if possible
- Create a pre-session checklist
- Have a backup plan ready in case of technical issues
- Log onto the session 15 minutes prior to its start
- Open all documents prior to entering
- Organize all screens prior to entering and practice beforehand
- Ensure you enter with camera and microphone on
- Ensure you are not showing the "nostril view"
- Ensure your face is well illuminated and you are framed well

How to use SOCIAL STYLE Beyond this Program

This program teaches people how to communicate and work together more effectively, but SOCIAL STYLE and Versatility can affect entire cultures for the better. The skills taught in this program affect areas such as team effectiveness, conflict, coaching, delegation, and emotional intelligence.

Look for opportunities to expand the impact of this program. Here are some ideas:

- 1. Become familiar with **SOCIAL STYLE Navigator** and make sure your learners know about it and how to access it. This resource contains a wealth of advice that can be used by people in any role or industry. It also contains the Style Estimator, a brief survey to estimate the Style of another person, helping to understand and work more effectively with others.
- 2. Schedule **regular training programs**, for example quarterly "booster" programs. You can leverage the SOCIAL STYLE Navigator for content.
- 3. Schedule **eLearning courses** between regular scheduled trainings. In SOCIAL STYLE Navigator there are four additional eLearning modules that you can assign to learners: Achieving Higher Versatility, Coaching with Style, Managing Conflict with Style, and Working in Teams with Style.
- 4. Tie SOCIAL STYLE and Versatility into other training programs you are conducting. Whether you are doing technical training, position-specific training, or another soft skills program, you can create conversations and set up exercises where learners discuss Style concepts and how they relate to the topics being discussed.
- 5. Leverage the Advice section in SOCIAL STYLE Navigator and write down **52 different topics** that are critical to the success of your team members. Turn those 52 topics into a 52-week email campaign where each week you send team members short emails about different topics relating to their SOCIAL STYLE.
- 6. Use Style identifiers in face-to-face and virtual meetings. For face-to-face meetings, print table tents for each person with their Style on it. For virtual meetings, ask team members to edit their name and add their Style at the end of their name. Even if you do not talk about Style specifically, the visuals will serve as a reminder and keep Style relevant in your meetings.
- 7. **Kick off meetings** by asking team members to share a "SOCIAL STYLE Story" of a situation they experienced recently where they observed Style and Versatility dynamics. This will give people an opportunity to share success stories and learning opportunities.
- 8. Last, but not least, **TALK ABOUT SOCIAL STYLE**. The more you learn about SOCIAL STYLE and Versatility, the more you will realize it is relevant in every interaction you have and the goals you need to achieve. Imagine teams and organizations of people who understand their Style and consider the Style of others while working with them.

Recommended Agenda

This agenda can be printed as an aid to help you keep track of time during the program. Fill in the specific times for your course in the left column.

Time	Topic(s)	Virtual Time (90 minutes)	In-Person Time (120 minutes)	Slides
	 Introduction and Objective If using Paper profile, distribute and complete (10 minutes) 	10 Minutes	10 Minutes 20 Minutes (if using paper profile)	1-3
	 SOCIAL STYLE Fundamentals Observable Behavior vs. Personality Say and Do Behaviors Dimensions of Behavior: Assertiveness and Responsiveness SOCIAL STYLE Model If using online profile: hand out participant profiles If using paper profile: score profiles Profile Exercise 	45 Minutes	55 Minutes 65 Minutes (if using paper profile)	4-23
	 Versatility Versatility Overview Four Sources of Versatility Versatility Profile 	21 Minutes	31 Minutes 18 Minutes (if using paper profile)	24-37
	 Session Conclusion Learning Objectives Next Steps and Key Learning SOCIAL STYLE Navigator 	7 Minutes	7 Minutes	38-47
	TOTAL TIME	83-90 Minutes	103- 120 Minutes 110 - 120 (if using paper profile)	





3 MINUTES (Participant Workbook, pages 1 and 2)

WELCOME participants to the session and REVIEW key points about TRACOM's SOCIAL STYLE Model:

- One of the most widely-used and highly-regarded behavioral models in use today.
- Will help you develop insight about your behavioral strengths and weaknesses, and your co-workers' behavioral preferences.
- Originally developed in the 1960s by psychologists David Merrill and Roger Reid.
- Used worldwide by millions of people.

PROGRAM BENEFITS

SAY Working successfully with others depends on developing good relationships. You can do this by understanding your own Style and, more importantly, other people's Styles. This allows you to practice Versatility, adjusting your behavior to meet other people's Style preferences. Research shows that people who consistently show Versatility are more effective in their jobs than people who don't show Versatility.

ASK participants to turn to Pages 1 and 2 in the workbook to follow along.

 Cite the proven effectiveness of increased Versatility (e.g., Sales and Management studies on page 2 of the IPEV Participant Workbook).



15 MINUTES TOTAL (Participant Workbook pages 1 and 2)

5 MINUTES

Going through this session you will:

- Gain an understanding of the SOCIAL STYLE Model.
- Estimate your SOCIAL STYLE by completing a self-perception assessment.
- Increase your understanding of your behavior and how others tend to view people with your Style.
- Increase your Versatility to become more effective with others.

SAY I want to emphasize the last point, number 4. While you'll learn a lot about yourself, the goal of this program is to learn about the people you work with and how you can adjust your behavior to work more effectively with them. Versatility is about adjusting your behavior to help others meet their Style needs. When you do this, you increase your effectiveness and also make it easier for others to show Versatility toward you.

If your participants completed the Online Self-Perception assessment:

- Make sure you have a profile for each participant who completed the assessment.
- DO NOT pass out the profiles at this time.
- VIRTUAL: Participants should already have their profiles available.

10 MINUTES

If you are using the Paper assessment:

SAY It's critical that individuals understand their own behavior and how it affects others. So we're going to do an exercise that will give you insights about yourself. You're each going to complete a self-assessment of your SOCIAL STYLE. With that knowledge as a foundation, we'll then look at how you can work more effectively with others.

- 1. **DISTRIBUTE** questionnaires.
- 2. ASK participants to complete the SOCIAL STYLE and Versatility Questionnaires.
- 3. DO NOT ask participants to score their questionnaires at this time.

VIRTUAL PROGRAM

If delivering virtually, you will not be able to use paper questionnaires and will need to prepare ahead of time to deliver online profiles. Arrange to have a notification sent to learners so they can download their profiles prior to the session.





2 MINUTES

SAY In the first part of the program, you'll learn about Style. This will help you understand your co-workers and how they prefer to get work done.

- The second part of the program focuses on Versatility, which is how well you meet others' Style needs.
- Versatility is the application of SOCIAL STYLE—when you understand your co-workers' Style needs, you
 can help them meet those needs. This helps them feel more valued and sets the stage for them to have a
 better relationship with you. If you consistently show Versatility, you can be more effective.
- You can read the stats on this slide. Research has found that Versatility is a strong predictor of successful job performance. Individuals who consistently show Versatility are rated more effective in their job performance than those who are inconsistent in their Versatility.



4 MINUTES (Participant Workbook page 3)

ASK participants to turn to page 3 of the workbook to follow along.

SAY Behavior and personality are not the same things. Observable behavior is like the crust of a pie. Personality is like the inside and outside of the pie.

ASK What makes up personality?

CONDUCT a quick facilitated discussion to solicit participants' responses. They should say things such as:

- Values, hopes, attitudes, beliefs.
- Things that are not necessarily observable.
- These internal qualities are more subjective in nature.

SAY Style is like the crust, because it's on the outside and observable. By observing behavior, we can find ways to define and discuss what we see. Then, we can begin to understand how this behavior affects ourselves and others.



4 MINUTES (Participant Workbook page 4)

ASK participants to turn to page 4 of the workbook to follow along.

SAY When we first meet people, we often form immediate impressions, even after just a few seconds. This is sub-conscious (below our awareness) and happens immediately.

DESCRIBE

Traits Column: What we think we know about a person, based on interactions; subjective opinions. Judgments Column: Our reactions to others; conclusions or evaluations we make, based on our subjective opinions.

Observable Behavior Column: Things others "Say and Do"; more objective and observable behaviors.

SAY Traits and Judgments are most subjective in nature and contain positive or negative descriptions.

Observable Behavior is objective and contains no positive or negative value.

Observable Behavior is an important tool for assessing others' Styles. By focusing on Observable Behavior, you gain objectivity, which is critical for understanding people's Styles.





SAY We measure observable behavior on two dimensions: Assertiveness and Responsiveness



4 MINUTES (Participant workbook page 5)

ASK participants to turn to page 5 of the workbook.

SAY To become more effective with others, we follow a behavioral model. There are two dimensions of behavior that define SOCIAL STYLE: Assertiveness and Responsiveness.

Assertiveness is the degree to which we ask or tell when interacting with others. The two anchors for Assertiveness are **Ask** on the left side of the continuum and **Tell** on the right side of the continuum.

Assertiveness is a measurement of how we try to influence others to take action. If you are more "Tell" Assertive, you state your opinions directly. You tend to declare your viewpoints and try to direct the actions of others.

For example, if you want to have lunch with someone, you might say, "Let's have lunch today!"

If you are more "Ask" Assertive, you tend to be more cautious and reserved about sharing your opinions. You attempt to influence others in a more quiet, low-key, questioning manner.

For example, if you want to have lunch with someone, you might say, "Would you like to have lunch with me today?"

	S	AY Verbal Behaviors	
Assertiveness	Slower	Pace of Speech	Faster
Behaviors	Less	Quantity of Speech	More
	Quieter	Volume of Speech	Louder
	ASKS		TELLS
	Relaxed	Use of Hands	Directive
	Lean Back	Body Posture	Lean Forward
	Less Direct	Eye Contact	More Direct
	D	O Non-Verbal Behaviors	
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3 MINUTES (Participant Workbook page 5)

SAY The Assertiveness scale helps predict a person's behavior because it represents a "theme" or typical pattern. There are verbal and non-verbal clues to indicate a person's Assertiveness.

ASK participants for examples of verbal and non-verbal clues for Ask-Assertive and Tell-Assertive individuals.

DESCRIBE the verbal and non-verbal indicators of Assertiveness:

Verbal: Ask-Assertive individuals use a slower pace, less quantity (fewer words), and quieter volume. Tell-Assertive individuals use a faster pace, talk more, and a louder volume.

Non-Verbal: Ask-Assertive individuals show relaxed hands and gestures, lean back, and use less direct eye contact. Tell-Assertive individuals have a directive use of hands, lean forward, and use more direct eye contact.

Optional Exercise: Do You Ask or Tell?

Virtual activity:

ASK participants to chat whether they see themselves as more asking or more telling, and to give examples
of why they see themselves this way.

In-person activity:

1. ASK participants to go toward either the left side or right side of the room to indicate whether they see themselves as "more asking" (left) or "more telling" (right).

2. ASK participants to introduce themselves to people around them and to share examples of what they feel makes them more asking or more telling.

3. ASK participants to validate their self-assessment based on whether they asked questions or made statements during their discussions. (Ask Assertive individuals will tend to ask more questions; Tell Assertive individuals will tend to make more statements).

4. ASK if anyone feels as though they might have gone to the wrong place.



4 MINUTES (Participant Workbook page 5)

Participants stay on page 5 of the workbook.

SAY Responsiveness is the degree to which people tend to control (don't outwardly display emotions) or emote (outwardly display emotions).

The two anchors are **Controls** on the top of the continuum and **Emotes** on the bottom of the continuum.

Responsiveness is also the extent to which you react to emotional appeals or displays.

If you control your emotions, you usually don't react to emotional appeals and are more likely to focus on ideas, data, and tasks. You are less likely to share your feelings publicly.

If you are more emoting, you share and display your emotions with others. You are more likely to respond to emotional appeals and displays from others.

SAY Verbal Behaviors		Controls			DO Non-Verbal Behaviors		
Less Inflection	Task	Facts / Data		Less	Rigid	Controlled	
Emotion in Voice	Subjects of Speech	Form of Descriptives		Use of Hands	Body Posture	Facial Expression	
	People	Opinions / Stories		More	Casual	Animated	

3 MINUTES (Participant Workbook page 5)

SAY The Responsiveness scale, like the Assertiveness scale, helps us to predict a person's behavior because it is a "theme" or typical pattern.

ASK participants for their opinions on the verbal and non-verbal clues of Control- and Emote-oriented individuals.

DESCRIBE the verbal and non-verbal clues to responsive behavior as noted on the slide.

SAY Responsiveness is neither a positive nor a negative quality; it is neutral.

Assertiveness and Responsiveness do not affect each other — they are independent of each other.

Optional Exercise: Do You Control or Emote?

Virtual activity:

 ASK participants to chat whether they see themselves as more controlling or more emoting, and to give examples of why they see themselves this way.

In-person activity:

1. ASK participants to go toward the front of the room if they feel they are "more controlling" of their emotions or to the rear of the room if they feel that they are "more emoting" (display their emotions).

2. ASK participants to validate their self-assessments. Typically, "more emoting" individuals will be talking with one another more than the "less emoting" ones.

3. ASK if anyone feels as though they went to the wrong place.



5 MINUTES (Participant Workbook page 6)

ASK participants to turn to page 6 of the workbook.

CLICK TO REVEAL EACH QUADRANT

SAY By combining Assertiveness and Responsiveness, the four SOCIAL STYLEs are formed.

No individual will display one Style exclusively; but, over time, you can determine a person's Style. Once you know a person's Style, you can adjust your behavior to develop a more effective relationship.

Leader Tip: Note that there is no good or bad Style; each can be equally effective.





2 MINUTES

SAY Remember that the Style descriptions are generalizations about each Style. While people with the same Style generally exhibit similar characteristics, each person is still unique.

SAY We've used some adjectives to describe the Styles. In addition, each Style has a Need, an Orientation, and a Growth Action.

DEFINE:

Need – The goal of each Style.

Orientation - The common behavior used to achieve the need.

Growth Action – Behavior that is rarely used by each Style. Using this behavior more often would increase this Style's effectiveness.

SAY Understanding the Need, Orientation, and Growth Action of each Style will help you better relate to others' Styles and enhance your effectiveness with them.





6 MINUTES

CLICK TO REVEAL THE TEXT IN EACH QUADRANT.

REVIEW each Style.

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Slide 14



If using the online profile, use the following slides.

Note that if delivering virtually, participants will need to have received their profiles prior to the program.

Check the Status Report and Composite Report to understand which participants have completed their profiles, and the breakdown of Style within your program.

FACILITATOR NOTE: By completing on online profile, Learners will immediately have free, unlimited access to SOCIAL STYLE Navigator through tracomlearning.com to help extend their learning beyond the classroom. See Slide #41 for details.





15 MINUTES (5 MINUTES if Virtual Program)

Purpose

• The purpose of this exercise is to help participants learn more about their SOCIAL STYLE and to encourage them to think about how they can adjust their behavior to be more effective.

Materials Needed

SOCIAL STYLE profile

Virtual Directions:

ASK participants to chat their Style along with one adjustment to their behavior they can make to enhance their effectiveness with others.

In-Person Directions:

ASK participants to read their Style profile and begin to determine ways they can adjust their behavior to meet others' Style needs. (They will continue this exercise when they read their Versatility profiles).

ASK participants to share what they learned about their Style and how they can adjust their behavior.



















If using the paper assessment, use the following slides.

FACILITATOR NOTE: To extend their learning beyond the classroom, participants who complete the Paper Survey can register for free, unlimited access to SOCIAL STYLE Navigator. See Slide #42 for details.



10 MINUTES – PAPER PROFILE ONLY

If your participants completed the Online Profile:

- DO NOT DISPLAY this slide.
- FOLLOW INSTRUCTIONS in "Online Profile" section.

If your participants are using the Paper Assessment:

- **SAY** Now, it's time to score the SOCIAL STYLE questionnaire that you completed earlier. Score your questionnaire following the instructions on the slide.
- ASK participants to plot their Assertiveness (A, T) score and Responsiveness (C, E) score as shown on the slide.

SAY The SOCIAL STYLE Self-Perception Profile reflects how you see yourself. Keep in mind that others may see you differently. TRACOM's research indicates that about 50% of those who complete the Self-Perception Questionnaire differ in their perceptions from their reference group who complete a Multi-Rater Profile about them.

Leader Tip: You may get asked the question, "If the research indicates 50% of people see themselves differently, then what value does it have?"

Answer: The format of this course did not allow us to use the multi-rater profile. The reason we gave you a profile is that you can start to realize that others might see you differently than you see yourself. Even though receiving a multi-rater profile would give you more insight into how others perceive your behavior, this session is still useful and practical. By following the suggestions in this session you will be able to observe other people's behavior to determine their SOCIAL STYLE. Then you can adjust your behavior to work more effectively with them.



15 MINUTES (Participant Workbook pages 8 to 15) – PAPER PROFILE ONLY

Purpose

The purpose of this exercise is to help participants learn more about their SOCIAL STYLE and to encourage them to think about how they can adjust their behavior to be more effective.

Materials Needed

Flip chart

Directions

- **ASK** participants to read more about their Style in the workbook and to complete the two questions contained in each section. (10 minutes)
 - a. Driving Style, pages 8-9
 - b. Expressive Style, pages 10-11
 - c. Amiable Style, pages 12-13
 - d. Analytical Style, pages 14-15
- **ASK** if anyone has any questions about their Style regarding (a) strengths of their Style and (b) things they need to work on.
- **ASK** participants to share what they learned about their Style. Draw Style quadrants on the flip chart and record their answers for all to see and consider.



5 MINUTES (Participant Workbook page 16)

ASK participants to turn to page 16 in the workbook.

REVIEW what has been covered so far, discussing Key Reminders.






3 MINUTES

SAY Versatility is a measure of your consistency in adjusting to the Style needs of others.

- At the beginning of the program, we reviewed some statistics on Versatility. Research has found that Versatility is a strong predictor of successful job performance. Individuals who consistently show Versatility are rated more effective in their job performance than those who are inconsistent in their Versatility.
- Versatility is completely within your control, so it is your choice to be versatile with others. You can be highly
 versatile with one group and show low Versatility with another group. It depends on the circumstances and
 how much you value your interpersonal effectiveness with each group.
- It is completely independent of SOCIAL STYLE: Any Style can show Versatility and be successful.
- Versatility is NOT the same as likeability. A person can be well liked but not have high Versatility. The
 opposite can also be true. Versatility helps you develop better working relationships, but it is separate from
 your personal likeability.

Four Sources of Versatility	The Appropriate Use of Image Presentation Competence Feedback Leads to
	Higher Versatility
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5 MINUTES (Participant Workbook page 19)

ASK participants to turn to page 19 in the workbook.

Image remains a part of the Versatility model because it's important for building relationships. Describe Versatility in a timeline:

SAY You show Versatility in four areas.

Image – When you first meet a new person at work, you form an impression about this person based on what you see, consciously or not. Essentially Image is a first impression: Are you dressed appropriately for the situation, for the work culture, for the client, and so on?

ONLINE PROFILE: Note that Image is not measured as part of your Profile. This is because:

- Image is difficult to observe in virtual environments. We can't observe very well how people are dressed, and because there are a wide variety of dress codes, even within companies and teams, it is less relevant to measure Image in this way.
- People don't always like answering questions about Image without understanding the context of how Image is explained in training.
- Image is still important for many people and companies, which is why it's part of the model. However, you won't receive a measure of your Image.

Presentation – When a person communicates in meetings or other public venues, you'll notice how clear they are at helping people understand their points. Do they use clear language? Are their examples effective? Do they take others' Styles into account?

Competence – Over time, you'll observe this person in a variety of situations. Are they reliable and do they persevere during difficult times? Are they flexible when change happens? Are they optimistic most of the time? Do they show creativity?

Feedback – Finally, this is the most interpersonal part of Versatility. Are they a good listener? Do they show empathy for others' situations? Do they meet the needs of other people's Styles? Do they develop good relationships with others?





If using the online profile, use the following slides.

Note that if delivering virtually, participants will need to have received their profiles prior to the program.

Check the Status Report and Composite Report to understand which participants have completed their profiles, and the breakdown of Versatility within your program.

	all Versatili onsistency in d						
W	Not Consistent	Х	Somewhat Consistent	Y	Usually Consistent	Ζ	Very Consistent
					SELF		
e TRACOM Corpor	ration. All Rights Reserved.						SOCIAL STYLE 2

5 MINUTES

THIS SLIDE IS USED ONLY WITH THE ONLINE PROFILE.

SAY We measure Versatility on a scale ranging from W to Z. These are normed quartiles, just like Assertiveness and Responsiveness.

When you are not consistent in your behavior, you're usually focusing on your own Style needs. When you consistently show Versatility, you're focusing on meeting others' Style needs, which reduces their tension. When you are consistent, the more effective you will be.

Your profile will show your results on this scale, ranging from W (not consistent) to Z (very consistent).

Versatility is all about consistency of behavior. A lower Versatility score does NOT mean you lack ability or that you never demonstrate these abilities. What it DOES mean is that you aren't showing consistency in your behavior.

By making small changes to your behavior and acting with more consistency, you can increase your Versatility. (The difference in values between W and Z are small but meaningful.)

The Meaning of Versatilit	y Positi	ons			
	-				
	1	2	3	4	5
	Strongly Disagree	Disagree	Partly Agree Partly Disagree	Agree	Strongly Agree
1. Approaches new situations with a positive outlook.	0	0	0	0	0
2. Builds good relationships with co-workers.	0	0	0	0	0
3. Effectively presents ideas to groups.	0	0	0	0	0
			w	X Y	z
			(Consistency	_
The TRACOM Corporation. All Rights Reserved.				🔁 S	OCIAL STYLE 29

3 MINUTES

THIS SLIDE IS USED ONLY WITH THE ONLINE PROFILE.

Before delivering Versatility profiles, explain the meaning of the positions.

SAY Before reviewing your results in more detail, let's put your results into context. This graph shows several sample items that measure Versatility.

You responded to these items using the scale ranging from 'strongly disagree' to 'strongly agree'. TRACOM assigns values to each of these scale points: 1 to 5. When rating Versatility, most people respond at the higher end of the rating scale. This makes sense since most people have at least some abilities in these areas. This means that the cutoff for achieving Z Versatility is very high, approximately 4.5 or higher.

Similarly, to score either an X or Y requires scores between 3.5 and 4.5. These are approximate values used for purposes of explanation.

Importantly, if you receive a W in Versatility, this DOES NOT mean that you evaluated yourself at the low end of the rating scale. On the contrary, almost nobody scores at the lowest end -1 or 2. For people with a W result, most of their ratings fluctuate between 2 and 4, resulting in an average score of slightly less than 3.5.

So, putting this into context, a W rating means that you are not showing as much consistency in these behaviors as you could. With effort and more consistency, your evaluation would improve.

Set the context:

- W does not mean that you lack ability.
- o It doesn't mean that you evaluated yourself at the lowest end of the rating scale.
- It does mean that you're not highly consistent in your behavior; you do these things some of the time but could do them more often.
- o It **does** mean that you evaluated yourself between 'disagree' and 'agree', on average.
- Note that these cutoff values (3.5 and 4.5) are only for demonstration they aren't the exact values in TRACOM's norms, but they are close.

Giving the context is critical because it helps to ease people's automatic reactions to the profile.

- Help people focus on just one area to improve. This increases chances of success.
- What is 'low hanging fruit?' Something they can improve quickly.



15 MINUTES (5 MINUTES if Virtual Program)

Purpose

 The purpose of this exercise is to help participants develop an action plan for showing Versatility more consistently.

Materials Needed

Versatility profile

Virtual Directions:

ASK participants to chat one way they can adjust their behavior to be more consistent in their Versatility. Encourage them to choose just one or two concrete steps they can take, based on the strategies they read about in their profiles.

In-Person Directions:

DISTRIBUTE the Versatility profiles.

ASK participants to read their profiles and consider ways they can adjust their behavior to be more consistent in their Versatility. Encourage them to choose just one or two concrete steps they can take, based on the strategies they read about in their profiles.

VIRTUAL DELIVERY: If delivering virtually, learners will have downloaded their profiles earlier.



















If using the paper assessment, use the following slides.



2 MINUTES

THIS SLIDE IS USED ONLY WITH THE PAPER PROFILE.

SAY while identifying your SOCIAL STYLE can help you understand your behavioral preferences, by itself, knowing your Style doesn't necessarily help you be more effective. As I've said, there is no good or bad Style. What is important is how you adjust your behavior when working with others. That's where Versatility comes in.

Versatility is your ability to adjust your behavior to meet others' Style preferences in the areas of Image, Presentation, Competence, and Feedback.

SAY When you are not consistent in your behavior, you're usually focusing on your own tension and Style needs. When you consistently show Versatility, you're focusing on meeting others' Style needs, which reduces their tension. When you are consistent, the more effective you will be.



8 MINUTES

THIS SLIDE ONLY USED WITH PAPER PROFILE.

ASK participants to score their Versatility Questionnaires following the instructions on the slide.
 SAY before we discuss Versatility, I'd like you to score your Versatility Questionnaire.

After scoring is complete, ASK Is anyone surprised? Are there any questions or concerns?

The Versatility profile reflects how you see yourself. Keep in mind that others may see you differently.



2 MINUTES

REVIEW the Session objectives.

ASK Did we meet them?

HIGHLIGHT key points learned.

EMPHASIZE importance of verifying self-perception data and, if possible, comparing it to multi-rater feedback.





3 MINUTES

As participants take their knowledge of Style back into the workplace, suggest that they do the following:

- SHARE their Style with their colleagues and ask them for additional insights into how they can interact more effectively.
- **REMIND** them that the most objective way to identify a colleague's Style is by looking for behavior along Assertiveness and Responsiveness.
- POINT OUT to participants that they can use the information in the workbook to help make their interactions with others more productive by following the guidelines for "Knowing Yourself, Controlling Yourself, Knowing Others, and Doing Something for Others."
- Finally, UNDERSCORE that being able to predict the probable future Style behavior of their colleagues is a powerful tool for interpersonal success. Participants now have valuable information to use in developing themselves into more effective individuals.



1 Minute

SAY You now have free and unlimited access to SOCIAL STYLE Navigator, the on-demand micro-learning tool that helps you apply Style and Versatility.

SOCIAL STYLE Navigator includes:

SOCIAL STYLE Estimator

The Estimator survey provides users with an interactive tool that evaluates observable behavior in others to determine their Style and helps you plan ahead for successful interactions.

SOCIAL STYLE Advisor

Use Advisor topics to prepare "just-in-time" for meetings, negotiations or sales presentations with advice on navigating Style and Versatility best practices to maximize high-performing relationships.

eLearning modules

Continue your learning journey via micro-learning that reinforces ways to apply SOCIAL STYLE and Versatility to Working in Teams, Coaching, Managing Conflict and Achieving Higher Versatility.



1 Minute THIS SLIDE FOR ONLINE PROFILES ONLY

SAY Available through <u>www.tracomlearning.com</u> under the Tools menu Enter your username and password for free, unlimited access to SOCIAL STYLE Navigator®



1 Minute THIS SLIDE FOR PAPER SURVEYS ONLY

SAY Go to tracomlearning.com/registration-paper and register with your email address and subscription code _______for free, unlimited access to SOCIAL STYLE Navigator®

IMPORTANT FACILITATOR NOTE REGARDING SUBSCRIPTION CODES:

Your subscription code can be found on the "ATTENTION" colored flyer included in your participant materials shipment. The code is formatted in two sets of 4 numbers separated by a hyphen (EXAMPLE: xxxx-xxxx). If you do not have the "ATTENTION" flyer included with your materials shipment, please contact TRACOM to receive your subscription code.



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SOCIAL STYLE Navigator			
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SAY Thank you. Do you have final questions?





You can use the following exercises to enhance the session to best meet the needs of your participants.



Guidelines for Observing Style

Purpose

 The purpose of this exercise is to familiarize participants with the rules for identifying another person's SOCIAL STYLE.

Recommended Time:

10 minutes

Materials Needed

None

Directions

SAY The more accurately we are able to observe our colleagues' Styles, the better we will be able to adapt our own behavior to display greater Versatility.

ASK participants to take notes on ways of implementing the best practices.

DESCRIBE the best practices:

- Don't jump to conclusions
- Remain objective
- Separate Style behavior from someone's role or position
- A moderate amount of stress can clarify someone's Style
- Get out of the way (be an observer)

ASK if there are any questions.



Style Forum

Purpose

 The purpose of this exercise is to give participants an opportunity to describe what it is about the opposite SOCIAL STYLE position that creates tension for them when working with people of that Style and to develop insights into how to be more productive with a person who has that Style.

Recommended Time

30 minutes

Materials needed

None

- Break participants into groups by SOCIAL STYLE position with a maximum of six per group.
- Give each group 10 minutes to discuss and develop a list of behaviors that the opposite SOCIAL STYLE
 position manifests to create tension that leads to unproductive relationships.
- After each group has developed its list, ask the Amiable and Driving Styles to get together to share their lists. Ask the Expressive and Analytical Styles to do the same thing. Each Style should spend five to ten minutes sharing its list and answering clarifying questions. Caution the groups that this is not a time to get defensive.
- After each group has heard the other's list, the original groups should get together by themselves to discuss what they can do to interact better with the opposite Style (e.g., those with Expressive Styles would develop a list of what they could do to make the relationship more productive with Analytical Styles). As each group shares its list of what it could do better, the opposite Style group should provide feedback and suggestions as to how appropriate the lists are.
- After all groups have shared their information with the opposite Style, the whole class discusses what has been learned.
- At the conclusion of the exercise, each group should have valuable information as to how to behave more appropriately with the diagonally opposite Style. In addition, after the general class discussions, each Style should have valuable information for working with each of the other SOCIAL STYLE positions.



Versatility Forum

Purpose

 This exercise helps learners prepare to apply Versatility with a challenging relationship. Each Style group helps one another identify specific actions they can take to show more Versatility.

Recommended Time

30 minutes

Materials needed

Style and Versatility profiles, to help discover specific strategies for showing Versatility.

- DIVIDE participants into Style groups and assign them to virtual breakout rooms (or separate areas of a physical space).
- **PROVIDE** instructions on the slide.
- SAY Nominate a spokesperson to represent your Style group. Take note of anything unique or insightful
 that you want to share with the whole group. We don't want you to repeat everything that was said, only key
 takeaways.
- **CONDUCT** the activity, carefully monitoring time and adding value as appropriate.
- CLOSE the Versatility Forum by ASKING for questions and EMPHASIZING any key insights participants made.



SOCIAL STYLE Navigator

Purpose

To use SOCIAL STYLE Navigator to improve your effectiveness.

Recommended Time

30 minutes

Materials Needed

Login to tracomlearning.com and navigate to the Tools tab

- Determine a person or situation (such as team meetings) where you want to improve your effectiveness.
- Login to tracomlearning.com and select SOCIAL STYLE Navigator from the Tools tab.
- Use the "Estimator" to estimate the Style of the person you identified. If multiple people are involved, do this
 for each person or skip this step for now.
- Examine the list of topics under the "Advisor" tab to find the relevant advice area and click on it.
- Read the advice and print the page if needed to keep with you.
- As a group, discuss any insights that were learned.



Versatility Action Plan

Purpose

To develop a specific action plan for increasing your Versatility.

Recommended Time

30 minutes

Materials Needed

Versatility Profile

- Read your Versatility profile to understand your behavior.
- Review the strategies provided in the three sections: Ways to Improve Presentation, Ways to Improve Competence, and Ways to Improve Feedback.
- Within each area, decide on one or two specific actions that you will take, and write these down.
- Pair up with another person (or small group) and discuss your plan.



